# Hockey

#### **2024 DATES**

**Spartan Hockey Camps** 

June 24-27

Spartan Hockey School

**July 15-18** 

Spartan Hockey School

#### July 22-25

Spartan Standard Hockey ID Camp Goalies, Defensemen & Forwards

#### July 29-31

Spartan Standard Hockey ID Camp Goalies, Defensemen & Forwards

## WEEK-LONG DAY CAMP FEATURES

Camp check-in and camp will be held at Munn Ice Arena.

- Elite level curriculum
- Video analysis
- Goalie program
- Dryland and strength training
- Jersey
- Daily scrimmage
- 2 On-Ice sessions per day
- Presentations

### **MSU Hockey Camps**

#### Ages 8-20 years old

Experience Michigan State Hockey and Train Like A Spartan this summer alongside Spartan players, coaches and alumni. Hosted at Munn Ice Arena with an elite-level curriculum designed to challenge all ages and skill levels on and off the ice. Go Green! www.msuspartans.com

#### Registration:

Camp Check in will be at Munn Ice Arena. You will be given a free parking link with your confirmation of enrollment for complimentary parking in our pay by plate lots.

#### June 24-27 and July 15-18 Spartan Hockey School (Ages 8-14)

Check in: 7:00 - 7:45 a.m. Check out: 5:00 p.m. Munn Ice Arena

Camp fee: \$625.00 \*Lunch included

#### **July 22-24**

Spartan Standard Hockey

ID Camp - Goalies, Defensemen

& Forwards

#### (Ages 14-16)

Check in: 7:00 a.m. or 1 hour prior to your teams first assigned ice time Check out: 5:00 p.m. or after your teams assigned last ice time.

Munn Ice Arena Camp fee: \$555.00 \* Bring your own lunch

#### **July 29-31**

Spartan Standard Hockey
ID Camp - Goalies, Defensemen
& Forwards

#### (Ages 17-20)

Check in: 7:00 a.m. or 1 hour prior to your teams first assigned ice time Check out: 5:00 p.m. or after your teams assigned last ice time.

Munn Ice Arena Camp fee: \$555.00 \* Bring your own lunch

#### Sport Specific Equipment To Bring To Camp

- Complete Ice Hockey Gear
- Two Sticks
- Workout attire
- Water bottle
- Athletic shoes



This Summer We Train Like Spartans!

www.sportcamps.msu.edu









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# CONTACT INFORMATION

Sports specific questions contact:

517-355-1639

General registration questions:

www.sportcamps.msu.edu

## **MSU Hockey Camps**

Ages 8-20 years old

#### **CAMP INFORMATION**

#### What is the Refund Policy?

If a camper is unable to attend camp prior to the start of camp and they notify the camps office prior to the start of camp, they are entitled to a refund minus a \$55.00 cancellation fee if you mailed/faxed in your application or a \$30.00 cancellation fee if you registered online provided you canceled prior to the first day of camp. All refund requests must be submitted in writing to the camps office prior to the first day of camp and the appropriate cancellation fee will be charged regardless of the reason for cancellation. Allow 3-5 business days for refund back on credit cards and 2-4 weeks for check refund. No refund for any reason including injury or illness will be given once a camper is on campus. Written refund requests can be submitted via fax or email. The fax number is (517)355-6891 or the email address is msucamps@msu.edu. Please do not call or leave a message requesting a refund on the camps office line.

#### Check-In/Check-Out

Time and location of check-in/check-out will be printed on your receipt and sent to you at time of payment.

#### **Medical Policy**

Each participant should have his or her own medical insurance. A student trainer will always be available. Participants are automatically enrolled in MSU's accident insurance plan. Eligible covered expenses will be paid only if they are in excess of other valid and collectible insurance. No physicals are required.

#### **REGISTRATION INFORMATION**

Register online at www.sportcamps.msu.edu or complete the attached application. Full payment by either check, MasterCard, VISA, Discover or American Express must accompany the application. Make checks payable to Michigan State University. No applications will be accepted before February 1st. You will receive confirmation for receipt of enrollment by mail within 12–15 business days.

#### MSU Sport Camp Policy

Persons enrolled in MSU Sport Camps will be required to attend all sessions and to comply with the rules and regulations of Michigan State University governing the conduct of all students on the campus.

#### IMPORTANT PARKING INFORMATION

A parking validation link for complimentary parking in our pay by plate lots will be provided in your confirmation of enrollment email as well as your mailed receipt. Please refer to maps.msu.edu for lot locations and lot numbers.

MSU Sport Camps are open to any and all entrants (limited only by number, age and grade level).









# The Hockey Camp Application REGISTER AT WWW.SPORTCAMPS.MSU.EDU

#### PLEASE PRINT INFORMATION BELOW OR ENROLL ONLINE

Name		
Address		
City	State Zip	
Parent or Guardi	an	
Daytime Telepho	one	
Evening Telepho	ne	
E-mail		
School / Club Te		
Grade in Sept	Age as of camp date:	
Sex: Da	te of Birth: Ht:	Wt:
Position		
_	Youth Adult	VV Largo
Ш	Small Medium Large X-Large	AA-Large
Please enroll	me in the following Hockey camp:	
Please enroll Camp Date	me in the following Hockey camp:  Camp	Commuter
	-	Commuter  ☐ \$625.00
Camp Date	Camp	
Camp Date June 24-27	Camp Hockey School (8-14yr)	☐ \$625.00 ☐ \$625.00
Camp Date June 24-27 July 15-18	Camp  Hockey School (8-14yr)  Hockey School (8-14yr)	\$625.00 \$625.00 \$555.00
Camp Date  June 24-27  July 15-18  July 22-24	Camp  Hockey School (8-14yr)  Hockey School (8-14yr)  Spartan Standard ID Camp (14-16yr)	\$625.00 \$625.00 \$555.00
Camp Date June 24-27 July 15-18 July 22-24 July 29-31	Camp  Hockey School (8-14yr)  Hockey School (8-14yr)  Spartan Standard ID Camp (14-16yr)  Spartan Standard ID Camp (17-20yr)  U.S. FUNDS ONLY.  Please make checks payable to	\$625.00 \$625.00 \$555.00
Camp Date June 24-27 July 15-18 July 22-24 July 29-31  Check one:	Camp  Hockey School (8-14yr)  Hockey School (8-14yr)  Spartan Standard ID Camp (14-16yr)  Spartan Standard ID Camp (17-20yr)  U.S. FUNDS ONLY.  Please make checks payable to	\$625.00 \$625.00 \$555.00 \$555.00
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Camp Date June 24-27 July 15-18 July 22-24 July 29-31  Check one:	Camp  Hockey School (8-14yr)  Hockey School (8-14yr)  Spartan Standard ID Camp (14-16yr)  Spartan Standard ID Camp (17-20yr)  U.S. FUNDS ONLY.  Please make checks payable to  MICHIGAN STATE UNIVERSITY  Mastercard  VISA  Discover  Ame	\$625.00 \$625.00 \$555.00 \$555.00
Camp Date June 24-27 July 15-18 July 22-24 July 29-31  Check one:  Check one:	Camp  Hockey School (8-14yr)  Hockey School (8-14yr)  Spartan Standard ID Camp (14-16yr)  Spartan Standard ID Camp (17-20yr)  U.S. FUNDS ONLY.  Please make checks payable to  MICHIGAN STATE UNIVERSITY  Mastercard  VISA  Discover  Ame	\$625.00   \$625.00   \$555.00   \$555.00

#### **Medical Treatment Authorization Form**

	DOB//
Participant's Name  Hocke	W.
What Sport:	: y 
Date of Camp:	
Participants are automatically enrolle insurance plan. Eligible covered expe are in excess of other valid and colle	nses will be paid only if they
List any medical conditions that conditions aware of (use additional pages if remainders and the conditional pages if remainders and the conditional pages if remainders are conditional pages.)	• •
2. List any medications currently tak	ing:
3. List any allergies:	
In case of emergency please cont	act:
Daytime Telephone	Evening Telephone
Insurance Information:	· .
Name of Medical Insurance Company	Insurance Company Telephone
Name of Insurance Policy Holder	Policy Holder DOB
Medical Insurance Policy Number	Medical Insurance Group# (if appl)
of the participant named above, authori or surgical treatment which is reasonabl participant. I further authorize the medic participant to release all information neclaims. I acknowledge my responsibility the participant's medical care and authorize and the medical care and authorize the medical care and authorize to be made directly to the medical	y necessary to care for the cal facility that treats the eded to complete insurance to pay all costs associated with orize all insurance payments, if
Signature (Parent or Guardian)  Send Application and Medical Treatmen	Date

MICHIGAN STATE UNIVERSITY
Sports Camp Office

535 Chestnut Rd, W239 Spartan Way, East Lansing, MI 48824

<sup>\*</sup> we will not accept checks within 10 calendar days of camp start date.

### Michigan State University Youth Programs



#### Pick-up, Drop-off, and Commuter Permission Form

This form must be completed prior to the start of the MSU youth program by the parent/guardian listed as the youth participant's emergency contact for the following instances:

- The participant's parents/guardians wish for the participant to be excused from the program prior to its scheduled conclusion
- The participant's parents/guardians have arranged for the participant to be temporarily checked out of the program for another event (scheduled family gathering, medical appointment, dining off-site with a family member, etc.)
- The participant's parents/guardians have arranged for a specified adult other than the participants parents/guardians to take responsibility for the participant during the youth program's drop-off process
- The participant's parents/guardians have arranged for a specified adult other than the participants parents/guardians to take responsibility for the participant during the youth program's pick-up process
- The participant's parents/guardians authorize the participant to commute independently to and from the specified youth program

PARTICIPANT'S NAME: _					
PROGRAM NAME:					
Permission for Ear	ly/Alternative Re	lease			
l,		, parent/guar	dian of		
grant permission to the M participant to the followin					bility for my youth
First Name	Last Name	Relationship to Participant	Phone Number	Date/Time of Release	Date/Time of Return
Permission for Yo	•	•	-		
l, permit the youth program					
permit the youth program	participant to commute	independently to and	nom the specified	youth program.	
Authorization Sigi	nature				
By signing below, I acknow the above ways. I also un					
Parent/Guardian Signature	li			Date of Signature	
Parent/Guardian Work Pho	one:	Paren	t/Guardian Cell Pho	ne:	
Parent/Guardian E-mail:					

# Michigan State University Youth Programs SPORTS CAMP



#### Parent/Guardian Consent Form

Participants in MSU-sponsored programs and activities may be photographed and videotaped for and educational materials. The participants are not identified by name in the materials. I authorize MSU to record the image and voice of the subject named below and I give MSU, and MSU's approval, all rights to use these images and voice recordings. I understand that such image may be used for educational and promotional purposes. This authority extends to all conventional including the Internet and any future media, and to any printed material.  I understand and agree that these images and recordings may be duplicated, distributed with or valtered in any manner without compensation or liability, in perpetuity.  Print subject's name:  Signature of Parent/Guardian of minor participant or of participant aged 18 and up:	use in MSU promotional all those acting with es and/or recordings I and electronic media, without charge, and/or
Participants in MSU-sponsored programs and activities may be photographed and videotaped for and educational materials. The participants are not identified by name in the materials.  I authorize MSU to record the image and voice of the subject named below and I give MSU, and MSU's approval, all rights to use these images and voice recordings. I understand that such image may be used for educational and promotional purposes. This authority extends to all conventional including the Internet and any future media, and to any printed material.  I understand and agree that these images and recordings may be duplicated, distributed with or valtered in any manner without compensation or liability, in perpetuity.  Print subject's name:	use in MSU promotional all those acting with es and/or recordings I and electronic media, without charge, and/or
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Participants in MSU-sponsored programs and activities may be photographed and videotaped for	
lichigan State University Media Release Fo	ırm
Date:	
Signature:	
Parent or Legal Guardian:	
(PLEASE PRINT)	
I understand that my child has a role to play in regards to his or her safety and security. I will spet the need to honor safety rules and to behave responsibly.	ak with my child about
I have read the session descriptions and approve of my child's selections. I accept any risks associated sessions and selected recreational activities.	lates with the assigned
camp spot and therefore, once camp has begun there will be no refunds for any reason, including	
engage in athletic or other recreational activities that have special risks. I also understand that m	
to participate in all educational, physical and social activities of the following MSU Sport Camp  (Please write in sport and date of camp)  I understand that sessions may entail field trips and/or campus facility tours. I also understand the	

# PARENT & ATHLETE CONCUSSION INFORMATION SHEET



A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

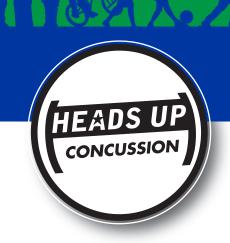


Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

#### **DID YOU KNOW?**

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.



# SYMPTOMS REPORTED BY ATHLETE:

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

#### SIGNS OBSERVED BY COACHING STAFF:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- · Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall





"IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON"

#### **CONCUSSION DANGER SIGNS**

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

# WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

- If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.
- 2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
- Remember: Concussions affect people differently.
   While most athletes with a concussion recover
   quickly and fully, some will have symptoms that last
   for days, or even weeks. A more serious concussion
   can last for months or longer.

# WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

STUDENT-ATHLETE NAME PRINTED
STUDENT-ATHLETE NAME SIGNED
DATE
PARENT OR GUARDIAN NAME PRINTED
PARENT OR GUARDIAN NAME SIGNED
DATE

JOIN THE CONVERSATION www.facebook.com/CDCHeadsUp

HEADS UP

TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION