# Soccer Camp

Hosted by Men's Soccer

## **2024 DATES**

## June 8

One Day Prospect Camp

## July 13-14

Elite Prospect Camp

## **Spartan Soccer Prospect Camps**

## Entering 10th grade through entering college

These camps are intended for high level players that have a strong desire to play at the highest level of college soccer. Campers will work directly with the Michigan State Coaching staff and other university coaches for an elite training opportunity and exposure. Below you will find our summer camp offerings.

### CAMP FEATURES

- Technical Training
- Tactical training
- Goalkeeper specific training
- Small sided game play
- Full field game play
- Recruiting exposure
- Facilities include soccer complex and MSU Varsity Practice Fields

## Sport Specific Equipment To Bring To Camp

- Soccer cleats
- Shin guards
- Sunblock
- Running/Indoor shoes
- Water bottle
- Pumped up soccer ball
- Wear grey/white t-shirt

### Registration:

Park at Jenison Fieldhouse Lot 67, Football Stadium Lot 79 or any pay by plate lot on campus. You will be given a parking link in your confirmation of enrollment email for complimentary parking at any pay by plate lots. All check-in is at Demartin Soccer Complex.

### June 8 One Day Prospect Camps

Check in: 9:00 a.m. Check out: 4:00 p.m. Camp fee: \$225.00 \*Lunch will be provided

### July 13-14 Elite Prospect Camp

#### **JULY 13**

Check in: 2:00 p.m. Check out: 6:30 p.m.

#### **JULY 14**

Check in: 9:30 a.m. Check out: 4:00 p.m.

Camp fee: \$300.00

\*Snack will be provided on July 13.

Lunch only on July 14.

## This Summer We Train Like Spartans!



Hosted by Men's Soccer

## **2024 DATES**

## **Spartan Soccer Prospect Camps**

## June 8 One Day Prospect

One Day Prospec Camp

July 13-14
Elite Prospect Camp

## CONTACT INFORMATION

Sports specific questions contact:

517-432-1887

www.sportcamps.msu.edu

## Entering 10th grade through college

## CAMP INFORMATION

### What is the Refund Policy?

If a camper is unable to attend camp prior to the start of camp and they notify the camps office prior to the start of camp, they are entitled to a refund minus a \$55.00 cancellation fee if you mailed/faxed in your application or a \$30.00 cancellation fee if you registered online provided you canceled prior to the first day of camp. All refund requests must be submitted in writing to the camps office prior to the first day of camp and the appropriate cancellation fee will be charged regardless of the reason for cancellation. Allow 3-5 business days for refund back on credit cards and 2-4 weeks for check refund. No refund for any reason including injury or illness will be given once a camper is on campus. Written refund requests can be submitted via fax or email. The fax number is (517)355-6891 or the email address is msucamps@msu.edu. Please do not call or leave a message requesting a refund on the camps office line.

#### Check-In/Check-Out

Time and location of check-in/check-out will be printed on your receipt and sent to you at time of payment.

#### Medical Policy

Each participant should have his or her own medical insurance. A student trainer will always be available. Participants are automatically enrolled in MSU's accident insurance plan. Eligible covered expenses will be paid only if they are in excess of other valid and collectible insurance. No physicals are required.

### **REGISTRATION INFORMATION**

Register online at www.sportcamps.msu.edu or complete the attached application. Full payment by either check, MasterCard, VISA, Discover or American Express must accompany the application. Make checks payable to Michigan State University. No applications will be accepted before February 1st. You will receive confirmation for receipt of enrollment by mail within 12–15 business days.

#### MSU Sport Camp Policy

Persons enrolled in MSU Sport Camps will be required to attend all sessions and to comply with the rules and regulations of Michigan State University governing the conduct of all students on the campus.

## IMPORTANT PARKING INFORMATION

A parking validation link for complimentary parking in our pay by plate lots will be provided in your confirmation of enrollment email. Please refer to maps.msu.edu for lot locations and lot numbers.

MSU Sport Camps are open to any and all entrants (limited only by number, age and grade level).

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## Soccer Camp Application Hosted by Men's Soccer

### REGISTER AT WWW.SPORTCAMPS.MSU.EDU

#### PLEASE PRINT INFORMATION BELOW OR ENROLL ONLINE

Name	
Address	
City	State Zip
Parent or Guardian	
Daytime Telephone	
Evening Telephone	
E-mail	
School	
Grade in September:	Age:
Sex: Date of Birth:	Ht: Wt:
Youth Shirt Size: Large	
Adult Chiut Cina C Cocall C	Madium U Lavra U V Lavra U VV Lavra
	Medium ☐ Large ☐ X-Large ☐ XX-Large
(Shirts run Big)	
Please enroll me in the fo	ollowing Soccer camp:
Camp Da	
JUNE 8	<u>\$225.00</u>
JULY 13-1	4 □ \$300.00
U.S	5. FUNDS ONLY.
	ake checks payable to N STATE UNIVERSITY
Check one:	
	VISA Discover American Express
Card Number	
3 digit security code	Exp. Date
Signature	
Amount of Check/Charge en	closed

#### **Medical Treatment Authorization Form**

	DOB//
Participant's Name	by Men's Soccer
What Sport:	by Mell's Soccei
Date of Camp:	
Participants are automatically enro insurance plan. Eligible covered ex are in excess of other valid and co	penses will be paid only if they
List any medical conditions that aware of (use additional pages i	
2. List any medications currently t	aking:
3. List any allergies:	
In case of emergency please co	ontact:
Daytime Telephone	Evening Telephone
Insurance Information:	
Name of Medical Insurance Company	Insurance Company Telephone
Name of Insurance Policy Holder	Policy Holder DOB
Medical Insurance Policy Number	Medical Insurance Group# (if appl)
of the participant named above, author surgical treatment which is reasona participant. I further authorize the me participant to release all information claims. I acknowledge my responsibilithe participant's medical care and autany, to be made directly to the medical	ably necessary to care for the edical facility that treats the needed to complete insurance by to pay all costs associated with thorize all insurance payments, if
Signature (Parent or Guardian)	Date

#### MICHIGAN STATE UNIVERSITY

Sports Camp Office 535 Chestnut Rd, W239 Spartan Way, East Lansing, MI 48824

<sup>\*</sup> we will not accept checks within 10 calendar days of camp start date.

## Michigan State University Youth Programs



### Pick-up, Drop-off, and Commuter Permission Form

This form must be completed prior to the start of the MSU youth program by the parent/guardian listed as the youth participant's emergency contact for the following instances:

- The participant's parents/guardians wish for the participant to be excused from the program prior to its scheduled conclusion
- The participant's parents/guardians have arranged for the participant to be temporarily checked out of the program for another event (scheduled family gathering, medical appointment, dining off-site with a family member, etc.)
- The participant's parents/guardians have arranged for a specified adult other than the participants parents/guardians to take responsibility for the participant during the youth program's drop-off process
- The participant's parents/guardians have arranged for a specified adult other than the participants parents/guardians to take responsibility for the participant during the youth program's pick-up process
- The participant's parents/guardians authorize the participant to commute independently to and from the specified youth program

ROGRAM NAME:					
Permission for Earl	y/Alternative Rel	ease			
		. parent/guar	dian of		
rant permission to the Mi articipant to the following	chigan State University	Youth Program faculty,	staff/ volunteers t	o release responsi	
First Name	Last Name	Relationship to Participant	Phone Number	Date/Time of Release	Date/Time of Return
ermission for You	-	_	-		
ermit the youth program	participant to commute				,
uthorization Sign	ature				
y signing below, I acknow ne above ways. I also und	•	•	•		
arent/Guardian Signature:				Date of Signature	
arent/Guardian Work Pho	ne:	Paren	t/Guardian Cell Pho	ne:	

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Participant's name:					
Program name:					
Permission for Ear	ly/Alternative Re	ease			
ļ,		, parent/guar	dian of		,
grant permission to the M participant to the followin	ichigan State University	Youth Program faculty,	/ staff/ volunteers t	o release responsi	
First Name	Last Name	Relationship to Participant	Phone Number	Date/Time of Release	Date/Time of Return
Permission for You	th Participant to	Commute Indep	pendently		
,					
permit the youth program	participant to commute	independently to and	from the specified	youth program.	
Authorization Sign	ature				
By signing below, I acknow the above ways. I also unc					
Parent/Guardian signature:				Date of signature:	
Parent/Guardian work phor	ne:	Paren	t/Guardian cell phor	ne:	
Parent/Guardian e-mail:					

## PARENT & ATHLETE CONCUSSION INFORMATION SHEET



A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

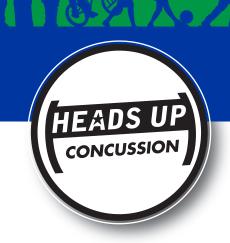


Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

#### **DID YOU KNOW?**

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.



## SYMPTOMS REPORTED BY ATHLETE:

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

### SIGNS OBSERVED BY COACHING STAFF:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- · Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall





"IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON"

#### **CONCUSSION DANGER SIGNS**

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

## WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

- If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.
- 2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
- Remember: Concussions affect people differently.
   While most athletes with a concussion recover
   quickly and fully, some will have symptoms that last
   for days, or even weeks. A more serious concussion
   can last for months or longer.

## WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

STUDENT-ATHLETE NAME PRINTED
STUDENT-ATHLETE NAME SIGNED
DATE
PARENT OR GUARDIAN NAME PRINTED
PARENT OR GUARDIAN NAME SIGNED
DATE

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HEADS UP

TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION