Soccer Camp Hosted by Women's Soccer

2024 DATES

June 9

ID Camp

July 12

ID Camp

August 17

ID Camp

July 20-21

Elite Prospect Camp

Spartan Women's Soccer ID Camps

Entering 9th grade and older

These camps are intended for serious players that have a strong desire to play at the highest level of college soccer. Campers will work directly with the Michigan State Women's Coaching staff and other university coaches for an elite training opportunity and recruiting exposure.

CAMP FEATURES

- Technical Training
- Tactical training
- Goalkeeper specific training
- Small sided game play
- Full field game play
- Recruiting exposure
- Facilities include soccer complex and MSU Varsity Practice Fields

Sport Specific Equipment To Bring To Camp

- Soccer cleats
- Shin guards
- Sunblock
- Running/Indoor shoes
- Water bottle
- Pumped up soccer ball
- Wear grey/white t-shirt

Registration:

Park at Jenison Fieldhouse Lot 67, Football Stadium Lot 79 or any pay by plate lot on campus. You will be given a parking code in your confirmation of enrollment email for complimentary parking at any pay by plate lots. All check-in is at Demartin Soccer Complex.

ID Camps

June 9

*No meals

Check in: 12:45 p.m. Check out: 4:30 p.m. Camp fee: \$175.00

July 12

Check in: 12:45 p.m. Check out: 4:30 p.m. Camp fee: \$175.00

*No meals

August 17

Check in: 12:45 p.m. Check out: 4:30 p.m. Camp fee: \$175.00

*No meals

Elite Prospect Camp

July 20 9:00 a.m. - 4:30 p.m.

July 21 9:00 a.m. - 4:00 p.m.

Camp fee: \$295.00

*No meals

This Summer We Train Like Spartans!







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Elite Prospect Camp

CONTACT INFORMATION

Sports specific questions contact:

517-432-1887

www.sportcamps.msu.edu

Spartan Women's Soccer ID Camps

CAMP INFORMATION

What is the Refund Policy?

If a camper is unable to attend camp prior to the start of camp and they notify the camps office prior to the start of camp, they are entitled to a refund minus a \$55.00 cancellation fee if you mailed/faxed in your application or a \$30.00 cancellation fee if you registered online provided you canceled prior to the first day of camp. All refund requests must be submitted in writing to the camps office prior to the first day of camp and the appropriate cancellation fee will be charged regardless of the reason for cancellation. Allow 3-5 business days for refund back on credit cards and 2-4 weeks for check refund. No refund for any reason including injury or illness will be given once a camper is on campus. Written refund requests can be submitted via fax or email. The fax number is (517)355-6891 or the email address is msucamps∂msu.edu. Please do not call or leave a message requesting a refund on the camps office line.

Check-In/Check-Out

Time and location of check-in/check-out will be printed on your receipt and sent to you at time of payment.

Medical Policy

Each participant should have his or her own medical insurance. A student trainer will always be available. Participants are automatically enrolled in MSU's accident insurance plan. Eligible covered expenses will be paid only if they are in excess of other valid and collectible insurance. No physicals are required.

*Bring a lunch

REGISTRATION INFORMATION

Register online at www.sportcamps.msu.edu or complete the attached application. Full payment by either check, MasterCard, VISA, Discover or American Express must accompany the application. Make checks payable to Michigan State University. No applications will be accepted before February 1st. You will receive confirmation for receipt of enrollment by mail within 12-15 business days.

MSU Sport Camp Policy

Persons enrolled in MSU Sport Camps will be required to attend all sessions and to comply with the rules and regulations of Michigan State University governing the conduct of all students on the campus.

IMPORTANT PARKING INFORMATION

A parking validation link for complimentary parking in our pay by plate lots will be provided in your confirmation of enrollment email. Please refer to maps.msu.edu for lot locations and lot numbers.

MSU Sport Camps are open to any and all entrants (limited only by number, age and grade level).

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Soccer Camp Application Hosted by Women's Soccer

REGISTER AT WWW.SPORTCAMPS.MSU.EDU

PLEASE PRINT INFORMATION BELOW OR ENROLL ONLINE

Name		
Address		
City	State	Zip
Parent or Guardian		
Can we contact your	camper directly?	
Parent Cell / Campe	r Cell	
Parent E-mail		
Camper E-mail		
School / Club Team		
Grade in Septem	ber:	Age:
High School Grad	luation Year:	
Position:		
Sex: Date	of Birth: Ht: _	Wt:
Youth Shirt Size:] Large	
Adult Shirt Size:	Small Medium Large X	(-Large 🗌 XX-Large
(Shirts run Big)		
Please enroll me	in the following Soccer cal	mp:
Camp Date	Session (select one)	Fee
JUNE 9	ID Camp	\$175.00
JULY 12	ID Camp	
AUGUST 17	ID Camp	\$175.00
JULY 20-21	Elite Prospect Camp	\$295.00
	U.S. FUNDS ONLY.	
	Please make checks payable	
_	AICHIGAN STATE UNIVERS	SIIY
Check one: ☐ Check ☐ Mast	ercard 🗌 VISA 🔲 Discover	☐ American Express
Card Number		
3 digit security coo	le	Exp. Date
Signature		
Amount of Check/0	Charge enclosed	

* we will not accept checks within 10 calendar days of camp start date.

Medical Treatment Authorization Form

			DOB//
Participant's Name	Hosted by	Woman's	Soccar
What Sport:		WOIIIEII 5	
Date of Camp:			
Participants are auto insurance plan. Eligib are in excess of other	le covered expe	enses will be	paid only if they
List any medical coaware of (use add			el should be
2. List any medicatio	ons currently ta	king:	
3. List any allergies:			
In case of emerger	ncy please con	tact:	
Daytime Telephone		Evening Telep	hone
Insurance Informat	ion:		
Name of Medical Insuran	ce Company	Insurance	Company Telephone
Name of Insurance Policy	Holder	Policy	Holder DOB
Medical Insurance Policy			ance Group# (if appl)
of the participant nam or surgical treatment v participant. I further a participant to release claims. I acknowledge the participant's medic any, to be made direct	ed above, author which is reasonabuthorize the med all information nemy responsibility cal care and auth thy to the medical	izes MSU to soly necessary to a facility the seded to comp to pay all cosorize all insural facility.	o care for the at treats the lete insurance ts associated with ince payments, if
Signature (Parent or Gua	iraian)	Dat	te

Send Application and Medical Treatment Form with payment in full to:

MICHIGAN STATE UNIVERSITY

Sports Camp Office 535 Chestnut Rd, W239 Spartan Way, East Lansing, MI 48824

Michigan State University Youth Programs



Pick-up, Drop-off, and Commuter Permission Form

This form must be completed prior to the start of the MSU youth program by the parent/guardian listed as the youth participant's emergency contact for the following instances:

- The participant's parents/guardians wish for the participant to be excused from the program prior to its scheduled conclusion
- The participant's parents/guardians have arranged for the participant to be temporarily checked out of the program for another event (scheduled family gathering, medical appointment, dining off-site with a family member, etc.)
- The participant's parents/guardians have arranged for a specified adult other than the participants parents/guardians to take responsibility for the participant during the youth program's drop-off process
- The participant's parents/guardians have arranged for a specified adult other than the participants parents/guardians to take responsibility for the participant during the youth program's pick-up process
- The participant's parents/guardians authorize the participant to commute independently to and from the specified youth program

ROGRAM NAME:					
Permission for Earl	y/Alternative Rel	ease			
		. parent/guar	dian of		
rant permission to the Mi articipant to the following	chigan State University	Youth Program faculty,	staff/ volunteers t	o release responsi	
First Name	Last Name	Relationship to Participant	Phone Number	Date/Time of Release	Date/Time of Return
ermission for You	-	_	-		
ermit the youth program	participant to commute				,
uthorization Sign	ature				
y signing below, I acknow ne above ways. I also und	•	•	•		
arent/Guardian Signature:				Date of Signature	
arent/Guardian Work Pho	ne:	Paren	t/Guardian Cell Pho	ne:	

Michigan State University Youth Programs SPORTS CAMP



Parent/Guardian Consent Form

Participants in MSU-sponsored programs and activities may be photographed and videotaped for and educational materials. The participants are not identified by name in the materials. I authorize MSU to record the image and voice of the subject named below and I give MSU, and MSU's approval, all rights to use these images and voice recordings. I understand that such image may be used for educational and promotional purposes. This authority extends to all conventional including the Internet and any future media, and to any printed material. I understand and agree that these images and recordings may be duplicated, distributed with or valtered in any manner without compensation or liability, in perpetuity. Print subject's name: Signature of Parent/Guardian of minor participant or of participant aged 18 and up:	use in MSU promotional all those acting with es and/or recordings I and electronic media, without charge, and/or
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Participants in MSU-sponsored programs and activities may be photographed and videotaped for	
lichigan State University Media Release Fo	ırm
Date:	
Signature:	
Parent or Legal Guardian:	
(PLEASE PRINT)	
I understand that my child has a role to play in regards to his or her safety and security. I will spet the need to honor safety rules and to behave responsibly.	ak with my child about
I have read the session descriptions and approve of my child's selections. I accept any risks associated sessions and selected recreational activities.	lates with the assigned
camp spot and therefore, once camp has begun there will be no refunds for any reason, including	
engage in athletic or other recreational activities that have special risks. I also understand that m	
to participate in all educational, physical and social activities of the following MSU Sport Camp (Please write in sport and date of camp) I understand that sessions may entail field trips and/or campus facility tours. I also understand the	

PARENT & ATHLETE CONCUSSION INFORMATION SHEET



A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

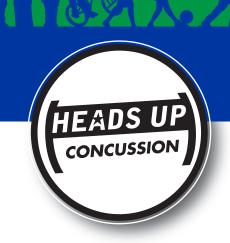


Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

DID YOU KNOW?

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.



SYMPTOMS REPORTED BY ATHLETE:

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

SIGNS OBSERVED BY COACHING STAFF:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- · Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall





"IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON"

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

- If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.
- 2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
- Remember: Concussions affect people differently.
 While most athletes with a concussion recover
 quickly and fully, some will have symptoms that last
 for days, or even weeks. A more serious concussion
 can last for months or longer.

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

STUDENT-ATHLETE NAME PRINTED
STUDENT-ATHLETE NAME SIGNED
DATE
PARENT OR GUARDIAN NAME PRINTED
PARENT OR GUARDIAN NAME SIGNED
DATE

JOIN THE CONVERSATION www.facebook.com/CDCHeadsUp

HEADS UP

TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION