Basketball Camp

Hosted by Women's Basketball

2024 DATES

June 17-19

Skills Camp

June 28

Elite Camp

Day Camp

Grades 3-12

Join the Michigan State Women's Basketball team this summer for skill development, team concepts and much more!

Registration:

Camp check-in will be at Gilbert Pavilion entrance of Breslin Center. You will be given a free validation link with your confirmation of enrollmment for complimentary parking in our pay by plate lots.

Skills Camp (entering grade 3-12) June 17-19

Check-in: 8:00 - 9:00 a.m.

Check-out: 4:00 p.m. *Camp fees:* \$450.00

Lunch is included

Elite Camp (entering grade 9-12) June 28

Check-in: 1:00 - 1:30 p.m.

Check-out: 6:00 p.m. *Camp fees:* \$100.00

This Summer We Train Like Spartans!

CAMP FEATURES

- MSU Women's Basketball players and coaches
- Student Athletes will be working at camps
- Expert instruction
- Individual attention
- State-of-the-art facilities and equipment and much more...

Sport Specific Equipment To Bring To Camp

- Basketball Shoes
- Gym Shorts
- T-shirt





MICHIGAN STATE SPORTS CAMP

Basketball Camp

Hosted by Women's Basketball

2024 DATES

June 17-19

Skills Camp

June 28

Elite Camp

CONTACT INFORMATION

Sports specific questions contact:

517-353-8613

General and Registration questions:

www.sportcamps.msu.edu

Day Camp

Grades 3-12

CAMP INFORMATION

Refund Policy

Campers unable to attend camp are entitled to a refund. A \$55 administrative fee (only \$30 if you enrolled online) will be deducted from all refunds, **regardless of the reason**. Refund requests must be submitted in writing PRIOR to the first day of the camp session in which the camper was originally enrolled. **No refunds for any reason (i.e. injury, illness) will be given once a camper is on campus.** email: msucamps@msu.edu

Check-In/Check-Out

Time and location of check-in/check-out will be printed on your receipt and sent to you at time of payment.

Medical Policy

Each participant should have his or her own medical insurance. A student trainer will always be available. Participants are automatically enrolled in MSU's accident insurance plan. Eligible covered expenses will be paid only if they are in excess of other valid and collectible insurance. No physicals are required.

REGISTRATION INFORMATION

Register online at www.sportcamps.msu.edu or complete the attached application. Full payment by either check, MasterCard, VISA, Discover or American Express must accompany the application. Make checks payable to Michigan State University. You will receive confirmation for receipt of enrollment by mail within 12–15 business days.

MSU Sport Camp Policy

Persons enrolled in MSU Sport Camps will be required to attend all sessions and to comply with the rules and regulations of Michigan State University governing the conduct of all students on the campus.

IMPORTANT PARKING INFORMATION

A parking validation link for complimentary parking in our pay by plate lots will be provided in your confirmation of enrollment email as well as your mailed receipt. Please refer to maps.msu.edu for lot locations and lot numbers.

MSU Sport Camps are open to any and all entrants (limited only by number, age and grade level).



Basketball Camp Application Hosted by Women's Basketball

REGISTER AT WWW.SPORTCAMPS.MSU.EDU

PLEASE PRINT INFORMATION BELOW OR ENROLL ONLINE

Name				
Address				
City		State Zip)	
Parent or Guardian				
Daytime Telephone				
Evening Telephone				
E-mail				
Grade in Septer	nber:	Ag	e:	
REQUIRED FOR	REGISTRATION			
Sex: Date	of Birth:	Ht:	Wt:	
School:				
Youth Shirt Size:] Large			
Adult Shirt Size:] Small Medium L	arge 🗌 X-La	rge 🗌 XX-Large	
Please enroll me	e in the following Bas	ketball cam	D:	
Camp Date	Session	Fee		
JUNE 17-19	SKILLS CAMP	<u> </u>	450.00	
JUNE 28	ELITE CAMP	<u></u> \$	100.00	
U.S. FUNDS ONLY. Please make checks payable to MICHIGAN STATE UNIVERSITY				
Check one:	stercard 🗌 VISA 🔲 Di	iscover 🗌 A	merican Express	
Card Number				
3 digit security co	de	E	кр. Date	
Signature				
Amount of Check/	Charge enclosed			

* we will not accept checks within 10 calendar days of camp start date.

Medical Treatment Authorization Form

	DOB//
Participant's Name	ketball
What Sport:	
Date of Camp:	
Participants are automatically enrinsurance plan. Eligible covered exare in excess of other valid and control of the control o	xpenses will be paid only if they
List any medical conditions that aware of (use additional pages	
2. List any medications currently	taking:
3. List any allergies:	
In case of emergency please co	ontact:
Daytime Telephone	Evening Telephone
Insurance Information:	
Name of Medical Insurance Company	Insurance Company Telephone
Name of Insurance Policy Holder	Policy Holder DOB
Medical Insurance Policy Number	Medical Insurance Group# (if appl)
of the participant named above, author surgical treatment which is reason participant. I further authorize the m participant to release all information claims. I acknowledge my responsibilithe participant's medical care and au any, to be made directly to the medi	nably necessary to care for the dedical facility that treats the needed to complete insurance ity to pay all costs associated with uthorize all insurance payments, if
Signature (Parent or Guardian)	Date
Send Application and Medical Treat	ment Form with payment in full to:

MICHIGAN STATE UNIVERSITY

Sports Camp Office 535 Chestnut Rd, W239 Spartan Way, East Lansing, MI 48824

Michigan State University Youth Programs



Pick-up, Drop-off, and Commuter Permission Form

This form must be completed prior to the start of the MSU youth program by the parent/guardian listed as the youth participant's emergency contact for the following instances:

- The participant's parents/guardians wish for the participant to be excused from the program prior to its scheduled conclusion
- The participant's parents/guardians have arranged for the participant to be temporarily checked out of the program for another event (scheduled family gathering, medical appointment, dining off-site with a family member, etc.)
- The participant's parents/guardians have arranged for a specified adult other than the participants parents/guardians to take responsibility for the participant during the youth program's drop-off process
- The participant's parents/guardians have arranged for a specified adult other than the participants parents/guardians to take responsibility for the participant during the youth program's pick-up process
- The participant's parents/guardians authorize the participant to commute independently to and from the specified youth program

PROGRAM NAME:					
Permission for Earl	y/Alternative Rel	ease			
		. parent/guar	dian of		
rant permission to the Mi articipant to the following	ichigan State University	Youth Program faculty,	staff/ volunteers t	o release responsi	
First Name	Last Name	Relationship to Participant	Phone Number	Date/Time of Release	Date/Time of Return
ermission for You	-	_	-		
ermit the youth program	participant to commute				,
uthorization Sign	ature				
y signing below, l acknow ne above ways. l also und	•	•	•		
arent/Guardian Signature:				Date of Signature	·
rent/Guardian Work Pho	ne:	Paren	t/Guardian Cell Pho	ne:	
arent/Guardian F-mail.					

Michigan State University Youth Programs SPORTS CAMP



Parent/Guardian Consent Form

Participants in MSU-sponsored programs and activities may be photographed and videota and educational materials. The participants are not identified by name in the materials. I authorize MSU to record the image and voice of the subject named below and I give MS MSU's approval, all rights to use these images and voice recordings. I understand that suc may be used for educational and promotional purposes. This authority extends to all convincluding the Internet and any future media, and to any printed material. I understand and agree that these images and recordings may be duplicated, distributed waltered in any manner without compensation or liability, in perpetuity. Print subject's name: Signature of Parent/Guardian of minor participant or of participant aged 18 and up:	ped for use in MSU promotional U, and all those acting with h images and/or recordings entional and electronic media, with or without charge, and/or
and educational materials. The participants are not identified by name in the materials. I authorize MSU to record the image and voice of the subject named below and I give MS MSU's approval, all rights to use these images and voice recordings. I understand that suc may be used for educational and promotional purposes. This authority extends to all convincluding the Internet and any future media, and to any printed material. I understand and agree that these images and recordings may be duplicated, distributed waltered in any manner without compensation or liability, in perpetuity. Print subject's name:	ped for use in MSU promotional U, and all those acting with h images and/or recordings entional and electronic media, with or without charge, and/or
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Participants in MSU-sponsored programs and activities may be photographed and videota	
lichigan State University Media Release	Form
Date:	
Signature:	
Parent or Legal Guardian:	
(PLEASE PRINT)	
I understand that my child has a role to play in regards to his or her safety and security. I the need to honor safety rules and to behave responsibly.	will speak with my child about
I have read the session descriptions and approve of my child's selections. I accept any risk sessions and selected recreational activities.	
camp spot and therefore, once camp has begun there will be no refunds for any reason, in	
engage in athletic or other recreational activities that have special risks. I also understand	that my child has occupied a
	tand that participants may
I understand that sessions may entail field trips and/or campus facility tours. I also unders	
(Please write in sport and date of camp)	I
I grant permission for (Print participant's name) to participate in all educational, physical and social activities of the following MSU Sport (Please write in sport and date of camp) I understand that sessions may entail field trips and/or campus facility tours. I also understand	

PARENT & ATHLETE CONCUSSION INFORMATION SHEET



A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

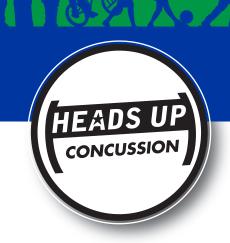


Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

DID YOU KNOW?

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.



SYMPTOMS REPORTED BY ATHLETE:

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

SIGNS OBSERVED BY COACHING STAFF:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- · Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall





"IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON"

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

- If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.
- 2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
- Remember: Concussions affect people differently.
 While most athletes with a concussion recover
 quickly and fully, some will have symptoms that last
 for days, or even weeks. A more serious concussion
 can last for months or longer.

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

STUDENT-ATHLETE NAME PRINTED
STUDENT-ATHLETE NAME SIGNED
DATE
PARENT OR GUARDIAN NAME PRINTED
PARENT OR GUARDIAN NAME SIGNED
DATE

JOIN THE CONVERSATION www.facebook.com/CDCHeadsUp

HEADS UP

TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION